

# Events of Interest

# March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
See the reverse side for this month's newsletter!				2pm Games and Crafts		
5	6	7	8	9	10	11
	11:30am Lunch at China Palace			2pm Games and Crafts	Annette's Birthday	
12	13	14	15	16	17	18
Daylight Savings <i>*Move clocks 1 hour Ahead</i>		10am Sunshine Mtg		12 noon Potluck  ----- Raffle drawing		
19	20	21	22	23	24	25
	First Day of Spring!!! 			2pm Games and Crafts		
26	27	28	29	30	31	
		3pm Foot Clinic <b>**sign up**</b>	10:30am Falls Prevention Presentation	2pm Games and Crafts	Helen's Birthday	

## The Goings On and the On Goings – March 2023

### Newsletter for Covered Bridge Manor

1. There is a sign-up sheet on the bulletin board to play **BINGO** on **Thursdays at 5:30** in the Community Room. The cost is \$.10 per game and we need a minimum of 5 players to make it worthwhile. Bingo is a fun game to pass the time in cold winter months. Please join us!

2. The **MONTHLY LUNCH OUT** in March will be to **China Palace** on **Monday, March 6<sup>th</sup> at 11:30am**. Please sign up if you wish to attend. All are welcome and Danielle will drive the bus!

3. We are hosting a **RAFFLE FUNDRAISER** for the **Sunshine Fund**, featuring hand-crafted items made by our friends in the building. Donations can be dropped off to Danielle through March 6<sup>th</sup>. Ticket price will be: *1 ticket for \$1, 6 tickets for \$5, 15 tickets for \$10*

The **DRAWING** will be on **March 16<sup>th</sup>** at the potluck!

4. We celebrate the arrival of **DAYLIGHT SAVINGS** time on **Sunday, March 12<sup>th</sup>** by moving our clocks **one hour ahead!** We will see the sun setting later in the day!

5. We will be hosting this month's **POTLUCK** on **Thursday, March 16<sup>th</sup> at 12 Noon**. The potluck fund will purchase corned beef and veggies for a traditional boiled dinner, and volunteers will cook the meal. Please sign up to bring an appetizer, bread, side dish or dessert. As always if you do not bring something, please donate to the potluck fund. Thanks!

6. The **FOOT CLINIC** will be here on **Tuesday, March 28<sup>th</sup> at 3pm**. Please sign up on the bulletin board. This clinic is held every other month.

7. Come learn about **PREVENTING FALLS** on **Wednesday, March 29<sup>th</sup> at 10:30am** in the Community Room, presented by Cornerstone VNA. Learn ways to improve your balance and make simple modifications to keep you safe in your home. A balance assessment will be provided for those who wish to be tested.

**BIRTHDAYS:** **March** is the birth month of **Annette and Helen**. Please stop by to sign the cards of best wishes in the community room!